

MDJH

OCT. 16h ,2015



PARENT NEWSLETTER

Macdonald Drive Junior High School
110 Macdonald Drive, St. John's, NL, A1A 2K9

Phone: 709-753-8240, Fax: 709-753-1243, E-mail: sarahosmond@nlesd.ca



Parent Newsletter

Green Apple News

We Need Your Support!



School Council Fall Fundraiser

The Dash for Hallowe'en Cash

50/50 Draw—October 30, 2015

We are in the process of recovering our Industrial Arts space and moving to upgrade our Technology Education



Production Laboratory. This room has not been used for many years.

The Grade 7-9 technology program is the

foundation for the skilled trades courses offered at the high school level. Our fall fundraiser will support this program. We are very excited!

Tickets for the 50/50 Draw (15,000 tickets @ \$2.00 each) will go on sale on Thursday, October 8th and will be available until Friday, October 30th. Maximum draw payout is \$15,000. The draw will take place on Friday, October 30th @ 3:00.

Dates to Remember:

Fundraiser ends - Friday, October 30th, 2015

Intermediate Close-out - (PD Day #2) - Friday, November 6th, 2015

School Holiday - Remembrance Day, Wednesday, November 11th, 2015



Student Information Sheets

We are in the process of updating all our student information. Please ensure that these are returned to the office as soon as possible. These forms are available online as well. Please see school website: <http://mdjh.info/>

Elections Canada

Please be extra cautious on **Monday, October 19th. The Federation Election Polls** will take place in the gym from 8:00 am - 8:00 pm. All gym activities will be cancelled for the day and evening. All practices are cancelled after 6:00 pm on Sunday until Tuesday.

Remembrance Day Assembly

Our annual Remembrance Day Assembly will take place on Monday, November 9th. Details to follow.

Lifetouch Picture Retakes

Please be advised that Lifetouch will be in during the morning of Tuesday, November 10th for picture retakes or for those that missed the original photo day.

MDJH Breakfast Program

Did you know that 270+ students enjoy breakfast in our cafeteria every morning.

MDJH has a Kids Eat Smart Breakfast Club! The KES Club is available **every day from 8:05-8:20am**. It is located in **our school cafeteria**. There is no charge and all children are welcome to attend! We know healthy kids with a full stomach, learn better and are more engaged in school. We hope to see our Breakfast Program thrive again this year through the support of volunteers that make it happen every morning. This worthwhile Kids Eat Smart



program is making a significant difference for many students at the start of their busy day. Teachers and parents alike make this program the success that it has been thus far.

We are currently seeking support through volunteering, food or monetary donations. All donations should be submitted to the school office, Re: "MDJH Breakfast Program". Please contact Mary Van Thiel- maryv-anthiel@esdnl.ca or Caleb Thorne - calebthorne@esdnl.ca, if you wish to participate.

Throughout the entire year we are in need of food items but we are going to ask one grade level at a time, to limit the demand on individual families.

This Fall/Winter, up until Christmas break, we are asking **GRADE SEVEN** parents to help with donations.

Accepted items include: Kelloggs Mini-Wheats, Post Honey-Combs, Frozen yogurt tubes, Cream cheese, Orange Juice, Apple Juice, and Granola Bars (nut-free).



Europe Easter 2017

Any student interested in going to France & Italy during Easter 2017 can pick up information from Ms. Quann. There will be a parent information meeting Thursday, October 22 **at Brother Rice School**. This meeting will begin at 7pm in the LRC. The meeting will be held at Brother Rice as MDJH, St. Paul's Junior High and Brother Rice will be travelling together as a group.



Macdonald Drive Junior High Outreach Group had their first meeting of the year. This group will be working within the St. John's local community over the upcoming year. Some community support will be done with our monthly soup kitchen, fundraising for charities, visits to senior's home and Ronald Macdonald House. This group hopes to provide charitable support to various groups in our community throughout the year and allow for students to gain valuable volunteer experiences.

Macdonald Drive Community Market

The Social Studies Department is proposing a community market to take place in the Spring. In order for this to take place we need the support of our school community. Please contact Krista Houlihan if you are interested in participating as either a vendor, a volunteer, or a performer. Our goal is to celebrate and display the talent and culture of our school community.

Krista Houlihan - kristahoulihan@nlesd.ca



What's Happening at MacDonald Drive Junior High?

Activities/Clubs	Time	Room	Teacher Sponsor
Chess	Day 5 @ 12:10pm	205	Ms. Kinsella /Ms. Parsons
Math Homework Haven	Monday @ 2:30pm-3:30pm	LRC	Math Department
Knitting	Tuesday @ 11:40 am-12:33pm. Bring lunch.	227	Ms. Osmond/ Ms. Penney
Lego Robotics (Fall)	Tuesday @ 2:30pm to 4:00pm	123	Mr. Smith Mr. Thorne
ROV (Spring)	Tuesday @ 2:30pm to 4:00pm	123	Mr. Smith Mr. Thorne
LGBTQ	Day 3	124	Ms. Brunet /Mr. Dyer
French Tutoring	Tuesday @ 12:05pm	109A	Ms. Glynn
Drama	TBA	109A	Ms. D. Mills
Art Club	Day 2 in@ 11:50 Room 227 at lunch time	227	Ms. Penney
Arts and Letters	TBA	215	Ms. E. Mills
Math League	Wednesday @ 12:05pm	208	Ms. Doyle
Photography	Wednesday @ 2:30pm	220	Ms. Quann /Mr. Wragg
Year Book	TBA	TBA	Ms. Quann
LRC	12:05-12:33pm	LRC	Ms. Power
School Council	As needed	219	Ms. Quann
Intramurals	TBA (on-going) except Wed.	Gym	Mr. Mercer
Recycling	After School	108	Mr. Devine

Sports

Grade Level Intramurals—lunch time in the Gym.
Includes soccer, basketball, ball hockey, etc.

Teams for Grades 7-9 Boys and Girls

- Soccer
- Volleyball
- Cross Country Running
- Basketball
- Hockey: gr. 8 & 9 students
- Baseball



Duke of Edinburgh

Seventy four students are getting ready to qualify for their Emergency First Aid over the weekend.

Students interested in learning more about the program, are asked to see Mr. Porter.

Check school website for practice times.

Student Absences/Tardiness

If your child is absent from school for any reason, please contact the office via phone or your child's homeroom teacher via e-mail, prior to the start of the school day on the day of the absence and have your child bring a note explaining the absence to his/her homeroom teacher when he/she returns. Attendance is very important for your child's academic success. If he/she is out for an extended period of time due to illness, please contact your child's teacher to get any missed work and check the homework site regularly. Students need to be in school by 8:20 AM at the latest to ensure they are ready for their morning classes. After lunch they need to be back in school by 12:33 PM to ensure they are ready for afternoon classes



Allergy Alert

We have a number of students with life-threatening allergies to various products. See the list below:

No nuts	No Fish
No peanuts	No Shellfish
No latex	

Note: No soy products

Yearbooks

Yearbooks for the 2014-2015 are now available and can be picked up at the office. Any books not picked up by mid-October will be sent to Gonzaga for distribution. There may be a small number available for sale. If interested, please contact Ms. Quann at collettequann@nlesd.ca.

Grade 7 LFI Students: Need help with French?

Ms. Glynn will be offering French Immersion Help Sessions in her classroom, room 223, every Tuesday at 12:05.

Yearbook Photos

Many school groups and activities have started. Anyone having a team or group photo to submit to the yearbook can please email their photo to ColletteQuann@nlesd.ca. The photography club is interested in taking a variety of pictures. All we need is some notice and a schedule of events or games. Please email Ms. Quann at collettequann@nlesd.ca or Mr. Trevor Wragg at twragg@hotmail.com to advise of practice times, events or games.



Medications

If your child requires medication while at school you must complete the necessary forms and have them signed by your family doctor before we can administer any medication at school. If your child requires over-the-counter medication, please complete the required forms. Students are not permitted to have medication on their person.

Student Council



Student Council elections took place last week in our school. Congratulations to all participants. We have budding marketing executives as indicated by their creative posters. Congratulations to our new president, Laxman Saravanakumar and our vice-president, Hayley Tucker.

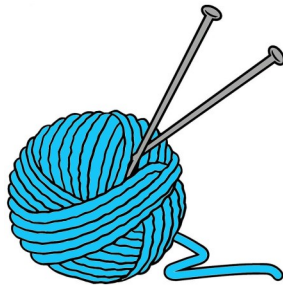
NEW

Photography Club



Next Photography Club meeting will be held Wednesday, October 28th. A reminder to members to submit their photos for the monthly contest. Remember our theme is "Fun with Perspective."

Knitting Club



Looking for a great hobby! Consider knitting!

Learn to do the basics.: read a pattern, cast on, cast off, knit, purl, stocking stitch, garter stitch, moss stitch. Students will begin with samplers, a dishcloth/simple toy or scarf and can move into socks, hats, mittens and more.. Every Tuesday at lunch time beginning at 11:40 am. Bring your lunch and needles./yarn. We can have you started in no time! Open to all students (male and female) and teachers.

Skills Canada

The 13th Annual Skills Canada Intermediate Challenge will take place at the College of the North Atlantic on November 20th, 2015. We are hoping to have students entering in twelve of the sixteen categories. Many of them a first for us! Categories include, graphic design, photography, job search, job skill demonstration, CBDC Pitch (similar to Dragon's Den), IT Networks, TV video production, web page design, mentoring, Lego robotics, model wind turbine, and junior chef challenge. Special thanks to Ms. Quann, Mr. Gillard, Mr. Smith and Mr. Thorne on their support and guidance to our students.

Home Economics

The Home Economics Program is in need of used magazines and catalogues that contain appropriate text and pictures for junior high students. A box will be placed at the office if you would like to donate reading material of this kind.

Bell Schedule

Doors open: 8:05 am.

Warning bell: 8:20 am (5 mins)

Homeroom: 8:25 am- 8:34 am

Period 1: 8:34 am– 9:30 am

Period 2: 9:30 am—10:26 am

Recess: 10:26 am—10:43 am

Warning Bell: 10:39 am (4 mins)

Period 3: 10:43 am– 11:39 am

Lunch: 11:39 a,- 12:33 pm

Warning Bell: 12:33 pm (5 mins)

Period 4: 12:38 pm– 1:34 pm

Period 5: 1:34 pm—2:30 pm

Electronic Devices

Electronic devises (iPads, iPods, phones) are not permitted for use during instructional / classroom time unless under the direction of a teacher. and permission has been given to use the device All phones should be turned off during class time and placed in the appropriate place as directed by the teacher. These devices are only permitted to be used in the morning prior to class starting, during recess and lunch period.

If a student is caught with these items during class time or at any other time throughout the day (hallways) they will be confiscated and sent to the office. On the first offense the item will be returned to the student at the end of the day. If this happens again, parents will be requested to collect the item from the office. We are not responsible if these items are lost or stolen.

If you need to contact your child while he/she is in school, please call the school.

NEW

Contact Information

It is very important that the school have up to date contact information for all students and parents. If any of your information has changed since you completed the demographic profile sheet for your son/daughter or should it change throughout the school year please contact the school to update.



Band Notes for the week of October 19-23

Classes are up and running – students and parents are encouraged to check out the schedule posted on the school website

Jazz Band auditions are completed now but any student who is still interested should see Mrs. Dunsmore – there may be spaces for certain instruments.

Students who borrowed an instrument from the school are asked to return the NLESD Instrument Loan Form as soon as possible.

Note: New schedule for band will be posted on-line.

Safety on School Grounds



It is very important that all students take caution on and around school grounds at all times. We have noticed that many students are not using crosswalks, are running between traffic, are fooling around on busy streets, not watching where they are going etc. This is very dangerous, and we strongly encourage you to be alert and careful at all times. As well to drivers, please adhere to speed limits in our school zone and be extra alert.

Student Drop Off / Pick Up

- Stay to the right in a single line as you enter the parking lot.
- Busses proceed to the far right closest to the building.
- Drivers are asked to proceed as far as possible to the right closest to the cement divider before dropping your children off.
- Please wait for the vehicles in front of you to drop off students before exiting.
- Through traffic stays to the left.
- Ms. Osmond and Mr. Squires will be out (rain or shine!) each day to help direct traffic.
- Note: Only staff and alternate transportation should travel around the building.



Public Service Announcement

Eastern Health to Hold Mental Health Information Sessions for Parents and Caregivers

October 15, 2015 – St. John's, NL: Eastern Health advises the public that the Mental Health and Addictions Program will be holding information session for parents and caregivers of children and adolescents who may be experiencing mental health issues.

Sessions are scheduled as follows:

October 19, 2015 ***Understanding Self-harm*** 6:30 - 8:30 p.m.

November 2, 2015 ***Videogames and Electronics: How much is too much?*** 6:30 - 8:30 p.m.

December 2, 2015 ***Parenting an Anxious Child*** 6:30 - 8:30 p.m.

Registration is required and additional details, including location, will be provided at that time. To register or for information, please call (709) 777- 4020.

Public Service Announcements



Struggling to keep up with the challenges of parenting? Finding yourself questioning yourself, your child's behavior and your parenting? To educate and support parents, Child/Adolescent Mental Health is pleased to offer the following 3 parent sessions:

“Understanding Selfharm”

- *Oct. 19th*

“Video games/ electronics how much is too much?”

Nov. 2nd

Parenting An Anxious Child

Dec. 2nd

All sessions will be held at Mount Pearl Intermediate School.

Registration is required, please call Laurie Ryan at #777-4020.

City of St. John's Youth Programs

Here's how to register:

Online www.stjohns.ca through **REC**connect

- In person at either H.G.R Mews Community Centre or Wedgewood Park Recreation Centre
- Telephone at (709) 576-8499
- Courses available in

Guitar Lessons - BEGINNER

X-Cellent Leader

Girls Active Lifestyles (G.A.L'S)

Youth Ball Hockey

**Youth Learn To... Animal Care, Robotics,
Electronic Fabrication**

Parent Portal Information for PowerSchool

By now all parents should have access to their child's daily attendance and marks. If you have not received your Portal Information please contact the Main Office - natashawellon@nlesd.ca or terrilynncoady@nlesd.ca or the school administration.

MDJH webpage

Check out our webpage: mdjh.info, for updates on homework, upcoming tests, assignments, school news, announcements, band and team practices. Feedback welcome.



We're on the web!
<http://www.mdjh.k12.nf.ca>

PARENT NEWSLETTER

Macdonald Drive Junior High
110 Macdonald Drive
St. John's NL
A1A 2K9
Phone: 709-753-8240
Fax: 709-753-1243
E-mail:
sarahosmond@nlesd.ca

