

MDJH

March 11th, 2016



NLESD

MACDONALD DRIVE JUNIOR HIGH

110 Macdonald Drive Junior High
St. John's, NL A1A 2K9



Parent Newsletter

Green Apple Days Minister of Education, Hon. Dale Kirby, joined staff and students to celebrate Pink Day Celebrations on Wednesday, February 24th, 2016. Shown here with students in our Drama Club.



Important Upcoming Dates:

- Term 2: ends Friday, March 11, 2015
- Reports: Friday, March 18, 2016
- Fry Family Foundation Scholarship: Grade 9 students. March 21st deadline. Applications available at the office or through the Guidance offices.
- PT Interviews: Tuesday, March 22, 2016
- Mini Enrichment Courses Deadline: March 14th
- Easter Break starts on **Friday, March 25th** and reopens **Monday, April 4th**
- PD Day for teachers: May 6th (tentative)
- Grade 9 School Leaving: May 27th (details to follow)

Green Apple Days: February 22nd - 26th, 2016



Our Apple Tree is in the lobby!

This year, our Grade 7 school council representatives promoted a new way to pledge their support to stop bullying by asking staff and students to sign a “be a Good Apple” pledge. Each apple is was placed on the tree in our school lobby.



Pink Cupcake Day



A Huge Success!

For the eighth consecutive year, the students and parents of MacDonald Drive Junior High showed tremendous school spirit in their support of Pink Day. Our school was a sea of pink as students took a pledge to STAND UP TO BULLYING! We would like to thank the many parents and students who so graciously donated pink cupcakes to our students. Your continued support is greatly appreciated.

Bonus:

In addition, we raised \$200 to support Syrian families!

Spirit Week - Green Apple Theme Activities

SAC Special Project Award

Macdonald Drive Junior High has been awarded a Safe and Caring Schools Award for 2015 -16 valued at \$500. Ms. Donna Mills and the drama group will be performing a play entitled "The Boy with a Feather Boa".

Congratulations to the drama club and Ms. Mills!



At our school spelling bee on February 1st, Linda Zhang of 8-6 placed first while Momin Anwar of 7 - 3 placed second. Both contestants represented Macdonald Drive Junior High in the Regional Spelling Bee competition.

The Telegram Regional Spelling Bee was held Saturday, February 27, at Holy Heart auditorium.

Europe 2017

Any student interested in going to France and Italy during Easter of 2017 should see Ms. Quann for information. Anyone wishing to sign up for this trip should register as soon as possible to avail of possible discounts. Email Colette Quann at colettequann@nlesd.ca for details.



InspireECO Art Contest

The exciting Environmental Arts Competition, “InspireECO” is back at your school this term. The goal of InspireECO is to awaken the eco-friendly spirit within the youth of our community. This year the competition will include written arts and visual arts, giving participant a choice of media for their entry in form of either an essay or a visual. The theme for this year’s InspireECO contest is:

Climate change is an issue which concerns the entire global community. Discuss in a fully developed original essay or display through an original piece of visual artwork, the importance of global cooperation in addressing the climate change issue.

Through exploring this theme, we hope that participants will gain a deeper understanding of what climate change means to them and through expressing this understanding through art, be able to inspire themselves and others. Additionally, students will have the chance to win prizes including e-readers, gift cards and eco prize packs! Through awakening and engaging youth locally, we wish to spark a change globally.

Please see Mrs. Penney (room 227) for rules, judging guidelines, and prize details. The entry deadline for the contest is **Friday, March 11th, 2016.**



First annual MDJH Community Market:

MDJH will be holding its first community market on May 7, 2016 at the Macdonald Drive Junior High gymnasium, just in time for Mother's Day.

Admission to the event is \$2.00. All proceeds from the event will go towards the school's breakfast program and the enhancement of technology across the curriculum.

Please help support our event by liking and sharing our page on Facebook:
<https://www.facebook.com/mdjhcommunitymarket/>

Interested vendors should check out the information/registration form on the event link on our page or contact Krista Houlihan (kristahoulihan@nlesd.ca). We are also looking for volunteers to help run this event. There will be a planning meeting for next Wednesday, March 16 at 7 PM in the conference room of MDJH.

Don't be disappointed! Book your table early!



What's Happening at MacDonald Drive Junior High

Activities/Clubs	Time	Room	Teacher Sponsor
Chess	Day 7 @ 12:10pm	205	Ms. Kinsella /Ms. Parsons
Math Homework Haven	Monday @ 2:30pm-3:30pm	LRC	Math Department
Knitting	Tuesday @ 11:40 am-12:33pm. Bring lunch.	227	Ms. Osmond/ Ms. Penney
Lego Robotics (Fall)	Tuesday @ 2:30pm to 4:00pm	123	Mr. Smith Mr. Thorne
ROV (Spring)	Tuesday @ 2:30pm to 4:00pm	123	Mr. Smith Mr. Thorne
LGBTQ	Day 3	124	Ms. Brunet /Mr. Dyer
French Tutoring	Tuesday @ 12:05pm	109A	Ms. Glynn
Drama	TBA	109A	Ms. D. Mills
Art Club	Day 3 in@ 11:50 Room 227 at lunch time	227	Ms. Penney
Arts and Letters	TBA	215	Ms. E. Mills
Math League	Wednesday @ 12:05pm	208	Ms. Doyle
Photography	Wednesday @ 2:30pm	220	Ms. Quann /Mr. Wragg
Year Book	TBA	TBA	Ms. Quann
LRC	12:05-12:33pm	LRC	Ms. Power
Student Council	As needed	219	Ms. Quann
Intramurals	TBA (on-going) except Wed.	Gym	Mr. Mercer
Recycling	After School	108	Mr. Devine
Maker Technology Club	Tuesdays@ 2:45-4:00	110A/119	Mr. Gillard// Ms. Murray



Intramurals

Grade Level Intramurals this month is volleyball. See schedule of games posted on the gym door. Games take place at lunch time in the Gym.



Student Absences/Tardiness

If your child is absent from school for any reason, please contact the office via phone 709 753 8240 or email one of our school secretaries:

natashawellon@nlesd.ca / kimwalsh@nlesd.ca

Your child's homeroom teacher should be contacted via e-mail, prior to the start of the school day on the day of the absence or have your child bring a note explaining the absence to his/her homeroom teacher when he/she returns. Attendance is very important for your child's academic success. If he/she is out for an extended period of time due to illness, please contact your child's teacher to get any missed work and check the homework site regularly. Students need to be in school by 8:20 AM at the latest to ensure they are ready for their morning classes. After lunch they need to be back in school by 12:33 PM to ensure they are ready for afternoon classes.



Bell Schedule

Doors open: 8:05 am.

Warning bell: 8:20 am (5 mins)

Homeroom: 8:25 am- 8:34 am

Period 1: 8:34 am– 9:30 am

Period 2: 9:30 am—10:26 am

Recess: 10:26 am—10:43 am

Warning Bell: 10:39 am (4 mins)

Period 3: 10:43 am– 11:39 am

Lunch: 11:39 a,- 12:33 pm

Warning Bell: 12:33 pm (5 mins)

Period 4: 12:38 pm– 1:34 pm

Period 5: 1:34 pm—2:30 pm

Allergy Alert

We have a number of students with life-threatening allergies to various products. See the list below:

No nuts	No Fish
No peanuts	No Shellfish
No latex	No perfume / cologne / sprays

Note: No soy products



Electronic Devices

Electronic devices (ipads, ipods, phones) are not permitted for use during instructional/classroom time unless under the direction of a teacher. and permission has been given to use the device **All phones should be turned off during class time and placed in the appropriate place as directed by the teacher.** These devices are only permitted to be used in the morning prior to class starting, during recess, lunch period, and after school.

If a student does not follow rules pertaining to electronic devices in the classroom they will be sent to the office whereby home contact will be made. If the electronic device is not rendered the student in question will be sent home. As well, a student using an electronic device during class time or at any other time throughout the day (hallways) during instructional time will have it confiscated and submitted to the office. Repeat offenders will require parents to collect the item from the office. We are not responsible if these items are lost or stolen.

If you need to contact your child while he/she is in school, please call the school number at

709 753 8240



Home Economics

The Home Economics Program is in need of used magazines and catalogues that contain appropriate text and pictures for junior high students. A box will be placed at the office if you would like to donate reading material of this kind.

The School Council meeting was held on Monday, **March 7th, 2016**. Minutes from February posted on website.



Grade 9 High School Course Selection

Course selection sheets were due to the office on **Monday, February 29th, 2016**. They were sent to Gonzaga last week. If there are any outstanding course selection sheets please get them to the MDJH office by Tuesday, March 15th.



Updates:

- PASCAL Math Competition: completed last week results to follow.
- School Climate Surveys: completed by all students last week. Results will be forthcoming by the Dept. of Education.
- Pi Math Competition: Results will be posted on the webpage next week.

Safety on School Grounds



It is very important that all students exercise caution on and around school grounds at all times. We have a lot of on-going construction around our building. Students need to use crosswalks, be aware of construction zones, act and behave accordingly when going off school property for lunch (parks and eating establishments), and refrain from using the MDE playground. We strongly encourage you to be alert and careful at all times. As well, to drivers, please adhere to speed limits in our school zone and be extra alert.

Student Drop Off / Pick Up

- Stay to the left in a single line as you enter off Toronto Street.
- Buses proceed to the right coming off Toronto Street.
- Student drop off area: Drivers are asked to proceed as far as possible to the stop sign on the left side of the cement divider before dropping your children off. Buses stay on the right side of the cement divider.
- Please wait for the vehicles in front of you to drop off student(s) before moving forward (do not pull out and pass please).
- Through traffic (vehicles going to MDE) stay to the left.
- Ms. Osmond and/or Mr. Squires will be out (rain, snow or shine) each day to help direct traffic.
- Note: Only staff and alternate transportation should travel around the building during peak times (morning and after school).
- There is absolutely no turning right at the STOP sign by the student entrance. If you need to access the front of the school please go around the school. It is one way traffic.



Florence Stone from the Lion's Club was at MDJH last week and presented Dana Stanbridge from 7 - 7 with a cheque for winning the Regional Contest for the Lion's Club Peace Poster Contest. Our congratulations to Dana whose poster is currently on display at the Clar-enville Lion's Club where it was judged. As well, Dana's class will be having a pizza party to celebrate compliments of the Lion's Club. .



Left to right: Mr. Squires. Ms. Florence Stanbridge, Dana Stanbridge 7- 7, Mrs. Osmond

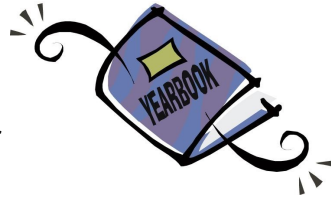
Annual Art Contest for Kids

Each year, Lions clubs around the world proudly sponsor the Lions International Peace Poster Contest in local schools and youth groups. This art contest for kids encourages young people worldwide to express their visions of peace. For more than 25 years, millions of children from nearly 100 countries have participated in the contest.

Enrichment Mini-Courses

Applications are now available for students in grades 7 - 9 to participate in the annual enrichment mini-courses. Course information and application forms are available at the school office and on the school's webpage. **Deadline is Monday, March 14th.** Should your daughter or son be interested please fill out the application and follow the information provided on the school's website.

Yearbooks



You can now pre-order yearbooks for the 2015-2016 school year. They are available at a cost of \$20. Order forms are available at the office or from Ms. Quann. **ALL MDJH STUDENTS** are included in the yearbook. It is a nice keepsake for **all** junior high students that highlight school events and memories. Our yearbook includes all school events from September 2015- June 2016 and are delivered next fall.

Yearbook Photos

Many school groups and activities ongoing. Anyone having a team or group photo to submit to the yearbook can please email their photo to ColetteQuann@nlesd.ca.

Photography Club



The contest theme for February was **Animal Pictures**. Members submitted their photos on **Monday, February 29th**.

The photography club is interested in taking a variety of pictures of any groups or clubs at MDJH to use in this year's yearbook. All we need is some notice and a schedule. Please email Ms. Quann (colettequann@nlesd.ca) or Mr. Trevor Wragg (twragg@hotmail.com) to advise of practice times, events or games and we can arrange to have your group's picture taken.



Good news from the MDJH Breakfast Program:

Our school breakfast program received a \$1000.00 donation from the Memorial Stadium Dominion store, care of Kellogg's. Manager, Bev Wills, came to our school to deliver the cheque, along with some Kellogg's cereal bars. She was greeted with a smile and a big thank-you from Mr. Caleb Thorne and some of our Grade 9 students.



Bev's store also generously supported the MDJH grade 7 girls' basketball team. They donated \$900.00 for uniforms and provided water and Gatorade for their recent tournament on Feb 5/6.

Monday, February 22nd, volunteers from the Stavanger Drive Dominion Store visited our school and helped treat our students to some delicious fruit smoothies, to kick off Spirit Week.

March 16th MDJH is participating in the province wide Breakfast Blitz! Please support our breakfast program through donations. See our school web site for details.



Kids Eat Smart: Breakfast Program @ MDJH

We have all seen an increase in the price of food at the grocery stores in recent months. Doing more with less has become something many families have had to do to adjust to the rising cost of food in this new economic climate.

Our *Kids Eat Smart Clubs* are no different. During this school year, we have seen a significant increase in the cost of food and supplies for our Kids Eat Smart Clubs. Our KES Club volunteers are very cognizant of the need to ensure the best quality of food for our children at the best possible prices.

It is important to increase awareness and fundraising efforts to ensure we sustain our Kids Eat Smart Clubs. This new initiative, for Wednesday, March 16, 2016, is a food drive focusing on Breakfast items to fill our Kids Eat Smart Club cupboards.

It is important, that your school participate to help collect food.

We are asking businesses, community organizations and individuals to collect food for your KES Club and drop it off to your local school on March 16th. For people who wish to contribute but cannot make it to your school, they can DONATE online at <http://www.kidseatsmart.ca/donate>. Online donations can be designated directly to your school.

Please reach out to your local KES Regional Coordinator (information listed below) with any questions or if you require assistance, please call us (877) 722.1996 or email cstoyles@kidseatsmart.ca

Thank you for everything you do, every school day.

Celina Stoyles, Executive Director

Kids Eat Smart Foundation

Breakfast Blitz

Food drive to help fill our KES Cupboards

Drop your donations off to your Local School with a KES Club on March 16, 2016

KES Breakfast Club Grocery List

1. Cheerios
2. Multigrain Cheerios
3. Shreddies
4. Cereal Bars
5. Granola Bars
6. Whole Grain Crackers
7. Fruit Cups packed in water or 100% Juice
8. Applesauce
9. Raisins
10. 100% Fruit Juice
11. Donate online www.kidseatsmart.ca

School : Macdonald Drive Junior High

Drop off Details: School Office between 8 AM and 4 PM

March 14 - March 16

WANTED: Science Fair Judges



The MDJH School Science Fair this year will be **Thursday, March 17th, 2016**, 1:30-5:30 pm.

Science students have been busily and creatively at work designing and performing experiments. Many of them will be proudly showing off their work at our School Science Fair. It will be, as every year, a big event with a high degree of community involvement from parents and other scientists. We are proud of our high rate of student participation!

If you have a science background and want to share in the excitement of doing and talking science with young people, we want you! Judges visit individual projects and engage the students in conversation about their work, giving each participant the benefit of a supportive, enthusiastic, and thoughtful audience for their learning. Then the judges help select the Science Fair winners, who will have the option of going on to the Regional Science Fair or other event depending on their type of project.

If you are able to participate, please contact me at nathaliebrunet@nlesd.ca

If you have a child in our school, you will be asked to judge a different grade.

If you know someone else who would like to be involved, please forward this information.

Nathalie Brunet,

Science teacher and Department Head, MDJH.



FÊTES DU
PATRIMOINE
DU CANADA | CANADA'S
HERITAGE
FAIRS

Celebrating Student's Successes

We want to acknowledge and celebrate the accomplishments of the students of MDJH. We have a wall of celebration where we will place a certificate of acknowledgement highlighting participation and success in a variety of activities. We want to know if your child has participated in any plays, musicals or has been on a team that has won some title or has been recognized in any individual competition. We need your help with this. Please let us know so we can proudly display this on our wall. Please email colettequann@nlesd.ca with Celebrate ***YOUR CHILD'S NAME*** in the subject line.

Heritage Fair was March 10th for Grade 8 & 9 students. Winners will be announced next week. One for English and one for Francais.





Google Classroom/Google Apps for Education (GAPE) @ MDJH

Students at MDJH are using Google Classroom and several of the Google Apps available to them. Through an agreement between the NL English School District and Google; teachers and students in our province have access to a new online education platform called Google Classroom. As schools and teachers in our province realize the features and benefits of using this Google product more teachers with their students will be accessing the tools and resources (i.e. the Apps and features) available to them. During this school year all Grade 8 and 9 students at MDJH have been using Google Classroom in their Technology Education courses. Soon all grade 7 students will be using Google Classroom either for their Technology Education course or for another curriculum area.

In order for students to access their Google Classroom they need to “Log In” to the website (<https://classroom.google.com>). Once logged in students will be able to access Classrooms created by teachers with specific assignments/projects/resources linked. Google Classroom is new to schools in Newfoundland and Labrador, it is so new that the MDJH teaching staff received a full day of in-service on the topic of Google Classroom, Google Drive and Google Apps on February 19th. Many teachers at MDJH will be looking for opportunities to use this resource in different subject areas in the future.

As we typically expect students to be prepared for all classes including the bringing of appropriate books, pencils, pens we ask students to be prepared for accessing their Google Classroom by memorizing or recording their account details (individual username and password) so that they may be able to work in Google Classroom or with Google Apps when required. This username and password will be used in high school as well so it needs to be secure and retrievable when needed.

The “Maker Technology Club”

This club has been meeting regularly after school on Tuesdays (2:45 to 4:00) in room 110A (Mr. Gillard/Ms. Murray). The main topic focus has been computer programming in the Python language and we currently have a core group of students who are interested in continuing in this direction. At this time we are interested in starting to expand our “technology” themed topics. If you are interested in exploring a DIY suitably planned and created in a Technology Lab or may be just taking the time to explore a design oriented software, this club is for you. Bring your ideas to our next meeting. New members are welcome.

Coming Soon.....New Technology Production Lab

There is a lot of curiosity for what is behind the Room 119 door. Our Production/Computer Lab space is still being renovated and the computer lab is looking great! At the moment we are waiting for the computer networking piece to happen.

New Technology Production Lab - Technology Section



Request for Support: 3-D Printing

Have you heard about Additive Manufacturing? Maybe Not. The popular term is 3-D printing; try Googling the concept and you will find that there has been a significant number of articles written about the innovative uses of 3-D Printing as a production/manufacturing process. MDJH is looking to expose its students to a design process utilizing this current technology. Even though the price tag on 3-D Printing has dropped significantly in the last couple of years, it is still a specialty item and we need support from our school community to invest in this direction. Is there a company or companies that would be interested in assisting us in making this initiative a reality? The startup costs for 3-D printing is approximately \$4000.00. Any interested persons please contact Wade Gillard (wadegillard@nlesd.ca).

Band Notes: February 29 - March 4, 2016

- Jazz Band will practice Monday after school
- All bands have been entered in the Rotary Music Festival which will take place between April 26 - May 1. Exact dates and times will be posted as soon as they become available.
- Students and parents should note that participation in this event and other performances will be open to students who have a reasonable level of attendance at practices.

Please see the band room door and listen to announcements for the band schedule.

Choral News

Congratulations to our choir who competed in the Kiwanis Music Festival on Wednesday, February 24th at 2:25pm at the D.F. Cook Recital Hall. The choir did extremely well with a score of 86. Started on February 1, the choir schedule changed slightly. An updated schedule is on Ms. Wilson's website.

Regular choir periods (as of Feb 1st): Day 3, Period 5 and Day 6 Period 4.

Vocal Ensemble meets Wednesday after school until 3:30 and Day 3 Period 1.

HORIZONS: The Fry Family Foundation Junior Leadership Award

Memorial University is presently accepting applications for the HORIZONS Fry Family Foundation Junior Leadership Award - the province's largest leadership development scholarship program. HORIZONS is the only program of its kind in North America, and is made possible through the generosity of the Fry Family Foundation in partnership with Memorial University of Newfoundland.

This year, the Fry Family Foundation is offering 50 scholarships to **grade nine** students across the province, each valued at \$1200 (\$200 received in August of this year; \$1000 upon entry to Memorial). Selected candidates are then welcomed into a leadership development program throughout high school that extends into their time at Memorial University of Newfoundland. All public schools in Newfoundland and Labrador with a grade nine class will be eligible to nominate **one** student.

Applicants may choose to write an essay on a situation that demonstrated their leadership ability or describe his/her most recent extracurricular activities, with focus on community and volunteer service. Applications can be picked up at the offices of Ms. McCue or Mrs. Hackett. All documentation is due by Monday, March 21, 2016.

Please see the link below for complete details:

<http://www.mun.ca/student/leadership/horizons/>

Please Note: No school is guaranteed a Horizons FFF Junior Leadership Award. The successful completion and acceptance of applications does not mean that the nominated student is a scholarship winner. All nominations received by the deadline will be considered by the Horizons Selection Committee who will choose 50 students province wide.



What Every Parent Should Know

Do you understand the teen slang on Ask.FM?

Social platform Ask.FM has revealed the top acronyms and slang terms used by its 150 million members, who are mostly teenagers and young adults as of January 2016.

Goat (Greatest Of All Time)

Ootd (Outfit Of The Day)

Pap (Post A Picture)

"Netflix and chill" (a hook-up)

Bad means good

Savage means extremely good

No chill means irrational

Thot is a derogatory word for a woman.

Tbr - to be rude (before writing something harsh)

Slept - knocking someone out, missing something good or being high

Ship - relationship

:3 - symbol which represents the cat-like face made by animal characters when they say something clever, sarcastic, or comment on something cute

Idek - I don't even know...

Ikr - I know, right?

A frog and coffee cup emojis together - I'm just saying.../But that's none of my business

Smh - shaking my head

Dime - a kind of approval rating on a score of 1-10



Ghost Apps

“Ghost apps” are apps that are disguised as harmless applications, like calculators, but turn into a secret photo vault. A search for “photo vault” apps on both Apple’s App Store and Google’s Play Store reveals dozens of listings for these types of apps. The majority of them are disguised as simple calculator apps; however, once they are opened, users can type in a passcode that reveals a private stash of photos and videos.

The “Calculator +” app is available for iPhones, Android phones, and tablets. It looks almost identical to the calculator you would find standard on these devices, and it even functions as a calculator. A user must type in the app’s correct pass code to access the app’s secret function, which is to hide pictures and videos.

There are several ways you can tell the difference between the secret calculator, and the standard calculator tool on your child’s phone. The Calculator Plus app has a small + sign right next to the title, underneath the icon. There are versions of the app that don’t include this sign, but you can also pay attention to which apps your child has on his or her phone, and read the description. The App Store clearly describes the purpose of the “Calculator +” app as a way to “hide photos and videos so that no one else can see them but you.”

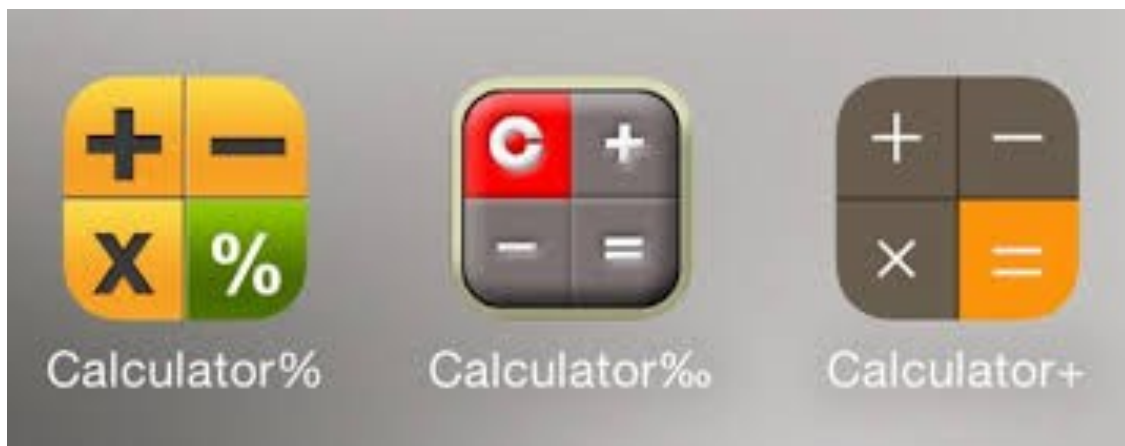
One of the most important things is helping kids understand that things that go on the Internet or are shared via smartphones can last forever and be shared with unexpected audiences.

Please check out the video from **The Today Show** or **NBC News**. Quite eye opening.

<http://www.today.com/parents/how-teens-are-hiding-photos-more-ghost-apps-what-do-t54716>

or

<http://www.nbcnews.com/nightly-news/video/colorado-sexting-scandal-students-used-ghost-apps-hidden-in-plain-sight-561743427933>





Chartwells has introduced a **NEW and CONVENIENT** way to purchase food at the school cafeteria with the **Zipthru DINE WITH US Reloadable Card!** Just like any gift card, a balance is loaded on a card and declines as purchases are made. The online function of this program provides convenience for parents to purchase, reload and monitor spending as well as set up an account to protect the remaining funds. In 4 easy steps you will be confident that your child has been provided with healthy meal options and a protected balance. This relieves the need for a packed lunch or carrying cash. Purchasing or reloading \$100 or more will give you an **ADDITION** of 10% bonus dollars directly added to your balance. Visit www.zipthru-card.ca to purchase an e-Certificate by email today. Present the printed e-Certificated to the cafeteria and receive a **Zipthru** card with the designated balance!



PUT AWAY
THE CASH
AND DINE WITH US!

Reloadable Card
Simply load a balance and use like cash.

Get 10% **Bonus Dollars** with a minimum \$100 load

...the fast & easy way to buy fresh food at school.

Load today!
Online at zipthru-card.ca or with cashier

Eatlearnlivecanada.ca

Zipthru **Chartwells**
Eat-Learn-Live

Teachers /Parents



Please see below about our upcoming **Kids Eat Smart** Gala on Saturday, April 30, 2016 at the Delta St. John's.

Our gala helps raise funds to help support our 246 Kids Eat Smart Clubs throughout the Province. Each school day we serve over 23,000 meals!

Join us for an entertaining evening which includes a silent and live auction, children's choir, comedian entertainment, and to hear the wonderful stories about our 246 KES Clubs in the Province!

To discuss ticket purchase please contact our office @ 709 722-1996.



Don't be disappointed, Book your table today!

April 30, 2016 Delta St. John's

- Table of 10 - \$1500
- Some sponsorship opportunities available
- For more information call 722-1996 or email gala@kidseatsmart.ca

The Kitchen Party
KIDS EAT SMART FOUNDATION
GALA 2016

MDJH ATHLETICS - ACCOMPLISHMENTS



In January our grade 9 Girls Volleyball Team participated in the Celtic Invitational at Brother Rice Junior High. The girls played well throughout the weekend, only losing one game on Friday to Clarendville Middle School and winning against Beaconsfield Junior High. Playing in Tier 2 on Saturday saw 3 more wins for the girls against St. Paul's Junior High and both Mount Pearl A and B teams. Our girls would meet Beaconsfield again in the final and another great game was played but this time coming up a little short with Beaconsfield taking the win. Congratulations on the silver medal girls!

Players in photo:

Back Row Anna Edwards, Jessica Young, Holly Clarke, Ryan Keats (Coach), Kaitlin House, Laura Parsons.

Front Row Alexandra Martin, Maddison Brown, Caroline Keats, Elizabeth Petersen, Jenna Evans, Holly Dunn.

MDJH ATHLETICS - ACCOMPLISHMENTS



MDJH Grade 8 Boys' Volleyball team were tournament winners at the St Paul's Invitational in February. Congratulations to the players and coaches. Well done!



Aiden Drover Mattinen, a grade 7 Early French Immersion student at MDJH participated in the Atlantic Tennis Championships recently. He finished 1st in U14 and 3rd in U16 divisions. This was a national qualifier. He has successfully earned a spot to the U14 Nationals in Vancouver and U16 Nationals in Montreal at the end of March. Wow! Congratulation Aiden.

Also our grade 8 Olivia Casey also participated in this tournament and finished 2nd in the girls U14 earning her a spot to U14 Nationals in Vancouver as well. Both have done their parents, relatives, friends, and school community proud. Good Luck to both at the Nationals.

MDJH ATHLETICS - ACCOMPLISHMENTS

Track and Field: Camryn Bonia wins gold at Hershey meet in Montreal

Camryn Bonia of the Pearlgate Track and Field Club in Mount Pearl won a gold medal in late February at the 2016 Hershey Canadian indoor track and field championship at the Claude - Robillard Sport Facility in Montreal.



Camryn Bonia: Grade 8 LFI Student @ MDJH

Bonia, 13, was first in the 800 metres youth under 16 event, stopping the clock in 2:19.32.

Meanwhile, Jenn Boland, a former graduate of MDJH (also from the Pearlgate club), was second in the junior women's 60-metre sprint final, winning a silver medal in a time of 8.01 seconds. Well done girls. Good luck in future competitions!



Several players from Macdonald Drive Junior High were members of the team that captured the championship in the Don Johnson Bantam A Hockey League last week. A.J. Joyce scored the winning goal in a shoot out. Other members of the team from MDJH are: AJ Joyce, Andrew Dowden, Andrew Gamba, Andrew Curtis, Michael King, and Devon O'Keefe. Well done boys. Congratulations!





**RBC
Learn to Play
Project**

PHYSICAL LITERACY KNOWLEDGE EXCHANGE EVENT

MARCH 16

ST JOHN'S

SOUTHLANDS COMMUNITY CENTRE

40 Teakwood Drive

WEDNESDAY, MARCH 16, 8:30AM-2:30PM

Physical literacy stakeholders will gain awareness of physical literacy as the gateway to physical activity. Join us as we explore physical literacy in St. John's and learn how Sport for Life can support you in applying for an RBC Learn to Play Grant.

As a community leader concerned with the well-being of our children, you are invited to learn more about physical literacy as the antidote to the obesity epidemic. Learn how the RBC Learn to Play Project can provide the knowledge and resources necessary to get our children active for life.

This is a free workshop.

For more information, please contact:

Bill Taggart, Project Leader - Sport for Life
btaggart@sportnl.ca

Lea Norris
communities@canadiansportforlife.ca

To register, please contact Bill Taggart:

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IN ASSOCIATION WITH



Public Health
Agency of Canada

Agence de la santé
publique du Canada



**RBC
Learn to Play
Project**

ST. JOHN'S



Sport for Life

Physical Literacy Knowledge Exchange

March 16, 2016

St. John's Newfoundland
Southlands Community Centre
ADDRESS

Agenda

Please dress in comfortable clothing and footwear suitable for light activity

8:00 am	Check in/Registration	
8:30 am	Welcome and opening remarks	City of St. John's Bill Taggart, Sport NL RBC
9:15 am	Meet your fellow PL Champions	Lea Norris, Sport for Life Society
9:45 am	Physical Literacy What, Why,	Philip Hochman, Sport for Life Society
10:15 am	Break	
10:30 am	Bringing Physical Literacy to Life	Lea Norris
11:00 am	Lunch and PLAY Tools Demo	PLAY Champions
12:00 pm	Physical Literacy across Canada	Lea Norris, Bill Taggart, Philip Hochman
12:20pm	Physical Literacy in Newfoundland	Local success stories + RBC LTP recipients
1:00 pm	RBC Learn to Play Grant overview and advice for applicants	Lea Norris
1:20 pm	Writing your Physical Literacy story (creating your project)	Lea Norris, Philip Hochman
2:00 pm	Your leadership will change everything	Lea Norris
2:30 pm	Wrap up and Closing Comments	City of St. John's



Many of our students performed in the Annual Kiwanis Music Festival in both non-competitive and competitive divisions. One of our grade 9 students, Frank O'Brien, received first place in his piano "impressionist/modern" 14 years and under, and first place in piano



Public Service Announcements

Grade 9 students will complete their immunization needles this week. Many of the nine's are done with the exception of a few classes.

We're on the web!
<http://www.mdj.k12.nf.ca>

PARENT NEWSLETTER

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