

MDJH

April 13, 2017



PARENT NEWSLETTER

Macdonald Drive Junior High School
110 Macdonald Drive, St. John's, NL, A1A 2K9

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Parent Newsletter

Art Contest Winners

Congratulations to the winners of the 3rd Annual Inspire ECO Environmental Art Contest! Thank you to all students who participated this year and huge thanks to former MDJH student Nitish Bhatt for offering this contest to our students.



(l-r) 1st-Grace Way (9-5), 2nd-Elin Maskova (9-7), 3rd-Trinity Everson (7-5)

50/50 Draw!

Congratulations go out to Perpetua Hogan who was the lucky winner of our 50/50 Easter Cash Draw. Ms. Hogan, who is the grandparent of one of our students won \$6,200!

The top seller for MDJH was Jack Gulliver from 9-2 who sold a whopping \$1,320 worth of tickets and the top homeroom was Ms. Glynn's 7-7 class who raised \$1,480.

A huge thank-you to all who supported our fundraiser and a big congratulations to the winners!



Science NEWS!

The science department is excited and proud to share the results of the Regional Science Fair. Our students represented us well, had a great day, and brought back many awards.

Honourable Mentions:

- Ian Walsh . also won a special award from Canadian Meteorological and Oceanographic Society
- Lauren Palmer
- Sam LeDrew
- Max Brown & Sam Sheppard
- Sarah Healey . also won a special award from Department of Biochemistry, MUN.
- Carter Stratton . also won a special award from Department of Psychology, MUN.
- Bridget Hall

Silver Medals

- Jacob Skinner & Stephane Noseworthy
- Juliana Koen-Alonso

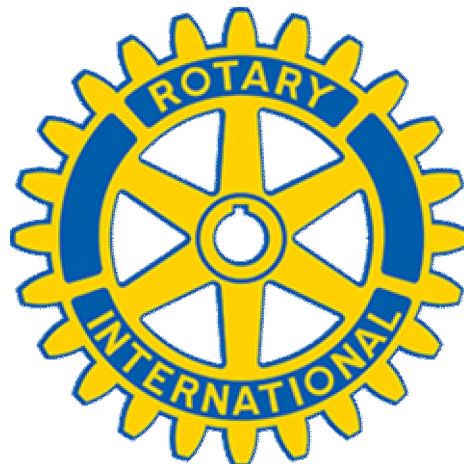
Gold Medals

- Momin Anwar
- Emily Meade . also won a special award from Women in Science and Engineering
- Aaron Sarkar . also won a special award from Department of Chemistry, MUN. AND! Aaron has been selected to represent Newfoundland and Labrador at the Canada Wide Science Fair in Regina, SK, May 14-21, 2017.

Congratulations everyone!

Rotary

We have 5 groups participating in the Rotary Music Festival this year. Please take note of all the performance and pick up times for the ensemble(s) your child is in. All groups will be performing together in the same evening concert. A detailed note and permission forms have been sent home with all students involved.



Vocal Ensemble

The Vocal Ensemble clinic takes place in the D.F. Cook Recital Hall at the MUN School of Music on **Tuesday, April 25, from 8:30-9:10am**. All students should be dropped off by parents/guardians at the MUN School of Music at 8:00am. Students will be bussed back to school following the clinic.

Evening Concert Performance

The Grade 7 Concert Band, Grade 8/9 Concert Band, Concert Choir, Vocal Ensemble and Senior Jazz Band will all be performing in an evening concert at Holy Heart Theatre on **Wednesday, April 26, 2017**. All students must attend this performance and are expected to stay for the duration of the concert. All students must arrive at Holy Heart at 6:15pm, and the concert will start at 7:00pm. General admission is \$10 for adults and \$5 for (non performing) students.

Concert Choir

The concert choir clinic takes place in the D.F. Cook Recital Hall at the MUN School of Music on **Thursday, April 27, from 2:20-3:00pm**. All choir members will be bussed to the MUN School of Music from MDJH. Students will only miss period 5. We need to leave by 1:20pm to arrive at the university in time for check in and warm up. **Parents/Guardians will need to pick up students at the MUN School of Music at 3:00pm immediately following our clinic.**

Jazz Band

The Senior Jazz Band clinic takes place in the D.F. Cook Recital Hall at the MUN School of Music on **Sunday, April 30, from 10:50-11:40am**. Students should be dropped off at the MUN School of Music at 10:00am for check in and warm up, and parents/guardians will need to pick students up immediately following our clinic time at 11:40am.



Grade 8/9 Concert Band

The Grade 8/9 Concert Band clinic takes place in the D.F. Cook Recital Hall at the MUN School of Music on **Tuesday, May 2, from 11:50-12:35pm**. Students will be bussed to and from the university for the clinic.

Grade 7 Concert Band

The Grade 7 Concert Band clinic takes place in the D.F. Cook Recital Hall at the MUN School of Music on **Thursday, May 4, from 10:10-10:55am**. Students will be bussed to and from the university for the clinic.

Celebrating Student's Successes

We want to acknowledge and celebrate the accomplishments of the students of MDJH. We have a wall of celebration where we will place a certificate of acknowledgement highlighting participation and success in a variety of activities. We want to know if your child has participated in any plays, musicals or has been on a team that has won some title or has been recognized in any individual competition. We need your help with this. Please let us know so we can proudly display this on our wall. Please email colettequann@nlesd.ca with **Celebrate YOUR CHILD'S NAME** in the subject line.



Head Lice

A case of head lice has been detected in our school. Anyone can get head lice, mainly through direct head-to-head contact but also from sharing hats, combs, hair brushes, headphones, helmets, hair accessories and other personal items.

Parents or guardians may feel frustrated or embarrassed, however, the problem has nothing to do with standards of cleanliness. Please do your part to prevent the spread by checking your child daily for the next few weeks, and weekly thereafter. Lice infestation is much easier to treat if caught early. Once a case of head lice has been found, all family members should be checked as well.

If your child has head lice, please start treatment immediately and notify the school. A booklet called *Managing Head Lice at Home* is available through your school or school nurse, this booklet may help you. This booklet can also be found electronically on the [Eastern Health website](#).

If you have further questions, please contact the Public Health Nurse.

Students and Whales

Ms. Julie Huntington was a student intern this winter, teaching science and health with Ms. Anderson. Before her education program, she made presentations to local coastal schools around the province about the different types of whales, turtles and other marine life that live in NL year round, or that migrate here seasonally. She also worked with the Whale Release and Strandings program which has been a marine animal release program since 1979. This group responds to calls from fishermen and other people about large marine animals caught in fishing gear, such as whales, leatherback sea turtles (*Dermochelys coriaca*) and basking sharks (*Cetorhinus maximus*).



Ms. Huntington noticed something over the three months she was at MDJH. Her students reminded her of whales. So she brought in many whale and leatherback sea turtle artifacts and asked her students if they understood why they reminded her of whales... and they knew why!

The students said they were similar to whales because they were born alive, breathe air, get milk from their mothers, and have bones. The bones provide similar support, and have similar internal organs as humans, and all of us require a clean, healthy and safe environment to live in. From these comparisons, her students demonstrated they knew a lot about anatomy and could apply this knowledge to all the different animals that live on earth. Comparing things we are familiar with to those we don't understand help us have a greater understanding of the world around us. Bravo to Ms. Anderson's classes for understanding why they are similar to whales!

Sports Update

Volleyball

(Left) Grade seven girls at the Provincials in Clarenville after they finished their Tier 1 games.

(Right) The grade 8 girls volleyball team won gold in Tier 2 this past weekend at provincials.



HOCKEY NEWS!

The Macdonald Drive Junior High School Ice Hockey team will participate in the Annual Frank Robert's Hockey Tournament after the Easter break. The team has been finalized and they have been practicing since January. Good luck to the players and coaches. **Go Grizzlies!**

Here is the schedule:

Tuesday	April 25th	5:00 PM	MDJH versus St. Paul's	@ CBS Arena
Wednesday	April 26th	7:00 PM	St. Kevin's Gr. 9s versus MDJH	@ CBS Arena
Thursday	April 27th	5:00 PM	MDJH versus Amalgamated Academy	@ CBS Arena

Playoffs will be held the week of May 1 - 4. All games will be held at the new CBS Arena.



Chartwells has introduced a **NEW and CONVENIENT** way to purchase food at the school cafeteria with the **Zipthru DINE WITH US Reloadable Card!** Just like any gift card, a balance is loaded on a card and declines as purchases are made. The online function of this program provides convenience for parents to purchase, reload and monitor spending as well as set up an account to protect the remaining funds. In 4 easy steps you will be confident that your child has been provided with healthy meal options and a protected balance. This relieves the need for a packed lunch or carrying cash. Purchasing or reloading \$100 or more will give you an **ADDITION** of 10% bonus dollars directly added to your balance. Visit www.zipthru-card.ca to purchase an e-Certificate by email today. Present the printed e-Certificate to the cafeteria and receive a **Zipthru** card with the designated balance!

Outreach

The MDJH outreach team visited Ronald McDonald House for their third annual visit. This year's menu was mac and cheese, garlic bread, and a brownie bar. Students enjoyed meeting the guests and enjoyed a delicious meal with all the Ronald McDonald House residents. Another successful meal and great time was had by all!



Canadian Student Leadership Conference 2017



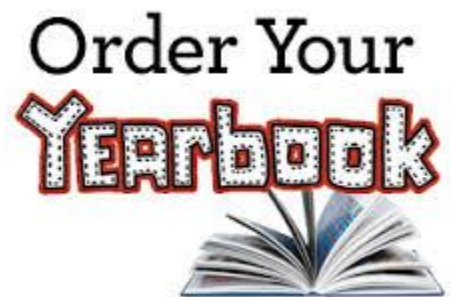
The national leadership conference for grade 9-12 students will be held in Waterloo, Ontario, from September 26-October 1, 2017. This is a wonderful experience for students, and provides opportunities for them to participate in leadership workshops and activities. The theme this year is **Start Up Leadership—Ignite your Innovative Spirit**. The conference theme and how it will benefit Canada in the future will flow through the keynote speeches, leadership workshops, volunteer opportunities

and cultural experiences of the conference. Please visit the CSLC website at <http://cslc2017.studentleadership.ca/> to see what these conferences are all about. A full itinerary of activities is also available on the website.

Any current grade 8 student who would be interested in attending this conference should contact Ms. Quann for more information. Parents please email colettequann@nlesd.ca to have your son or daughter put on the list. There are a limited number of spots available per school and per province.

2016-2017 Yearbooks

You can now preorder yearbooks for the 2016-2017 school year. The cost is \$20. Order forms are available at the office or from Ms. Quann and must be preordered. You can also place an order by passing in your \$20 (cash or cheque made out to MDJH) in an envelope with student name and current homeroom number on the front of the envelope. Completed orders can be passed in at the office or to Ms. Quann. The deadline for orders is June 1st.



ALL MDJH STUDENTS are included in the yearbook. It is not a book for grade 9 students only. It is a nice keepsake for all junior high students that highlight school events and memories. Our yearbook includes all school events from September 2016- June 2017 and are delivered next fall.

Dates to Remember:

- April 14 - 23 inclusively, No School- Easter Vacation;
- April 24 - School Reopens, Day 1, Active Wear Day!
- May 25 . 6:30-9:00 Grade 9 Carnival



MDJH Team Pictures Needed

Thanks to everyone who has sent in pictures. We are still looking for pictures of many of our teams. It would be much appreciated if a parent, coach, or student could pass along a picture by emailing Ms. Quann at colettequann@nlesd.ca. Any pictures taken from a cellphone should be sent selecting actual size to ensure the quality is correct for uploading to the yearbook.



Baby Pictures Needed

During the grade 9 School Leaving Carnival, there will be a display of pictures of our grade 9 students. We are looking for baby pictures to display with their current picture. Pictures can be passed in to Ms. Quann. Photos should be put in an envelope. Please include the student's name and homeroom number on the envelope. Baby pictures can also be emailed to colettequann@nlesd.ca. Put the student's name and homeroom number in the subject line. Please submit pictures by May 12th.

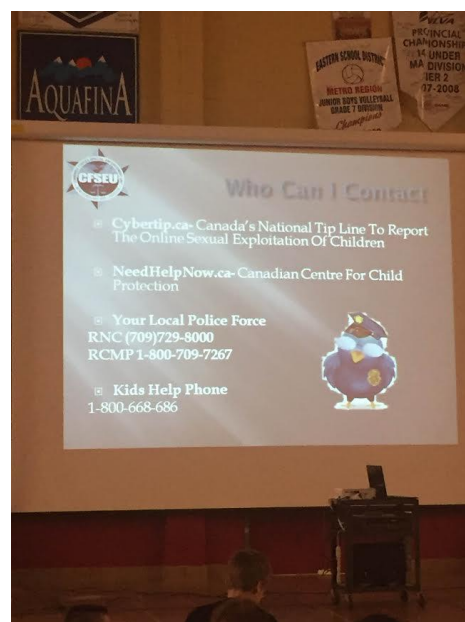
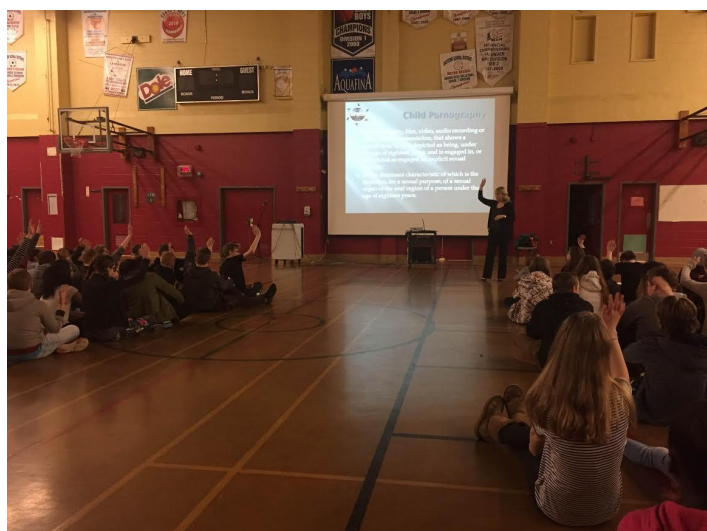
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RNC Social Media Presentation

The grades 7,8 and 9 students had an RNC social me-



dia presentation with Constable Lisa Harris

ATTENDANCE MATTERS!!!!

We have just finished our second reporting period. There are approximately 9 weeks left until final exams. It is very important that your son / daughter attend school each day.

If your son / daughter is absent, then a parent / guardian ***needs to notify the school of the reason for the absence***. During the absence, the student should be checking the teachers' web sites for all missed work. Parents / guardians can also contact the subject teachers through PowerSchool to get any missed work. ***It is the responsibility of the student, parent/ guardian to ensure that all missed work is completed.***

If your son / daughter is going to be absent for any period of time for any other reason, such as for a family vacation, then the parent / guardian **MUST** email the principal requesting permission that the absence be excused. According to the School Act (1997), children under the age of 16 are expected to be in school. Prior to the absence, the student should make contact with ALL of his or her subject teachers and ensure that arrangements have been made to complete any evaluations that will be missed during this time and also that they have all of the work/materials they will miss. It is the responsibility of the student, parent / guardian to ensure that he or she gets caught up upon their return.

If you have any questions, please do not hesitate to contact the school.

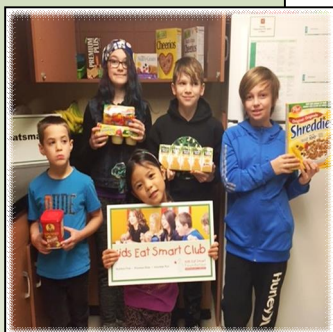
A child can not learn if they are not in attendance.





Breakfast

**Drop your donations off at:
Macdonald Drive Junior High from May 1 – 5**



KES Breakfast Club Grocery List for Grade 7 students:

1. Multigrain Cheerios
2. Corn Bran Cereal
3. Corn Flakes
4. Mini Wheats Original

KES Breakfast Club Grocery List for Grade 8 students:

1. Granola Bars (peanut free)
2. Breakfast Bars (peanut free)
3. 100% Orange Juice or 100% Apple Juice

KES Breakfast Club Grocery List for Grade 9 students:


1. English Muffins
2. Bagels (plain or blueberry)
3. Cheese Strings



Information Sessions for Parents

WINTER/SPRING 2017

Eastern Region District Conference Centre
(40 Strawberry Marsh Road, just off Allandale Road & opposite to Arts & Culture Centre)

Monday, March 6		Parenting in the 21st Century: How the Pendulum Has Swung & What You Can Do to Recentre It	0-18 yrs old
Monday, March 20		Anxiety in Children: What It Looks Like & What You Can Do to Help	5-12 yrs old
Monday, May 1		Anxiety in Teenagers: What It Looks Like & What You Can Do to Help	13-18 yrs old
Monday, May 29		Challenging Behaviour: Identifying, Understanding & Responding to the Problem	10-18 yrs old



6:00-7:30 PM: *Presentation*
7:30-8:00 PM: *Questions & Answers*

Please call 777-4020 to register for seats at Conference Centre. **Show up early! Any registered seats that aren't claimed by 5:50 PM on the night of each talk will be given away on a first-come, first-served basis.**

HOSTED BY PUBLIC
EDUCATION COMMITTEE:

Hazel Russell, MSW, RSW
Sandie J. Cook, PhD, RPsych
Krista Marshall, MSW, RSW
Derek Singleton, MSW, RSW

**Mental Health
& Addictions Program**

School Leaving Carnival

Grade 9 Parents / Guardians, please return permission forms with \$20 for the Grade 9 School Leaving Carnival, scheduled for May 25, 2017, 6:30-9:00. Also, we are asking for prizes and/or Gift Cards so that all of our Grade 9s will walk away with a prize.

Grade 8 Parents, if you are able to volunteer for the Grade 9 Carnival, a form has gone home with all grade 8 students. A copy can also be found on our web page at <http://mdjh.info>



Parking Lot Reminder

Coming off of Toronto Street, there are two lanes. The right lane is for buses and traffic going around MDJH. The left lane is for parents/ guardians dropping off their children.

PLEASE pull up to the **STOP** sign before letting your child out. The drop off lane should only be used for quick stop, drop and go, even if the doors are not open yet. If parents do not want to leave until the doors open, they should park in the parking lot.



Please take a moment to watch MDJH Drop-off Video the people may have changed, but the instructions are still the same!

<https://www.youtube.com/watch?v=ptiklbLLhvo>

Online Practice and Review Tools

The District has been working to build online self-assessment tools that allow students to practice and test their abilities.

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We're on the web!

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