

MDJH

February 2, 2018



PARENT NEWSLETTER

Macdonald Drive Junior High School
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Parent Newsletter

Janeway Day in Schools

Wednesday, February 14, is Janeway Day. Students and teachers are asked to donate the equivalent of their recess money for one day to the Janeway. Since 1986, schools have donated more than \$1,116,220 from Janeway Day collections.



Feb 28 is Pink Shirt Day

Bullying is a major problem in our schools, workplaces, homes, and over the Internet. On Pink T-Shirt Day, we encourage all of you to wear something pink to symbolize that we will not tolerate bullying anywhere. Take the message and remember it all year long.



It is so important that victims of bullying know they are not alone and there is help and support available. Wearing a pink shirt on this day sends a strong message that others care. Often, the simple act of wearing a shirt can start conversations - conversations can be a big step towards healing and helping!

If you can, please DONATE PINK cupcakes to show our school community support!

Contact Ms. Reardon

(tracyreardon@nlesd.ca) or Ms. Slade (lesleyslade@nlesd.ca) if you can donate!

Thank you to the local businesses!

Our Easter 50/50 Draw tickets are being printed. The possible payout is \$10,000! A big THANK YOU to our local food businesses. They have donated gift cards for weekly draws!



Dates to Remember:

Term 2 begins—February 5

School Council Meeting—February 5

Teacher Appreciation Week—February 12-15

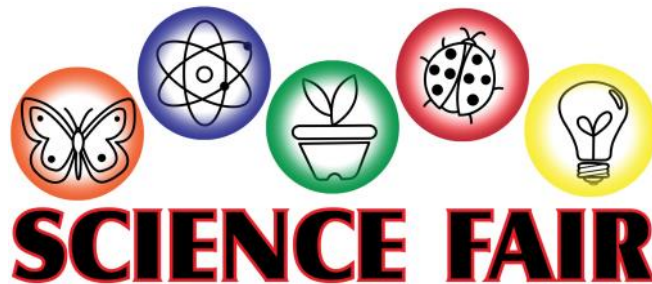
Mid Winter Break—No School— February 16-19

Spirit Week—February 26 - March 2

Science Fair Projects for Fun and Academic Credit in Grades 8 & 9

This year, the Science Fair is optional for students in grades 8 and 9. All students with an interest in science are encouraged to prepare a project to present at the School Science Fair which will be held on Thursday, March 15, 2018, from 1:00 - 5:30 pm.

Students will receive extra credit on the "Performance Assessment" portion of their science mark for their work. We will send as many projects as possible to the Regional Science Fair.



Science teachers will provide project guides to interested students. Students will need to join a Google Classroom according to their teacher's directions in order to register their partner and project idea. They must also discuss their project idea with a science teacher BEFORE starting experimental work, so that the teacher can review the plan, for the sake of everyone's safety.

Students will need to work on their projects at home, fairly independently. Science Fair Help will be offered during lunchtime on Days 1 and 3 in room 124 (Mme Brunet's classroom). Science teachers, internet access, and school science lab supplies will be available to help students with all stages of their project.

A reminder that for grade 7 students Science Fair projects are required. Science teachers will provide project guides, a set of process deadlines, and more guidance in the classroom. Grade 7 students are also welcome to come to Science Project Help on Days 1 and 3 for extra support.

Project guides in French and in English are available online at <https://sites.google.com/site/sciencesmmebrunet/home/science-fair-projects>

WANTED: Science Fair Judges

Science students are getting to work, creatively designing and performing experiments. Many of them will be proudly showing off their work at our School Science Fair. It will be, as every year, a big event with a high degree of community involvement from parents and other scientists. We are proud of our high rate of student participation!



If you have a science background and want to share in the excitement of doing and talking science with young people, we want you! Judges visit individual projects and engage the students in conversation about their work, giving each participant the benefit of a supportive, enthusiastic, and thoughtful audience for their learning. Then the judges help select the Science Fair winners, who will have the option of going on to the Regional Science Fair or other event depending on their type of project.

The MDJH School Science Fair this year will be on Thursday, March 15th, 2018, from 1:00-5:30 pm. If you have a child in our school, you will be asked to judge a different grade. If you know someone else who would like to be involved, please forward this information.

If you are able to participate, please contact me at nathaliebrunet@nlesd.ca



Let's Talk Science Challenge

Macdonald Drive Junior High students will be taking part in the Let's Talk Science Challenge (<http://www.letstalkscience.ca/Programs/Lets-Talk-Science-Challenge>), which is a science competition open to students in grades 7 and 8. Interested students will form teams of up to 4

students, prepare by studying provided materials in their chosen science disciplines, and will have meetings once a cycle during lunchtime with teachers to practice solving "Design Challenges" to hone their problem-solving and team communication skills. The teams will prepare under the direction of Mme Brunet, Ms. Anderson, and Ms. Kew (intern). The final competition will take place at Memorial University in April or May, exact date TBA. Stay tuned for the call for interested students!

MATE ROV Competition 2018

Once again this year, Macdonald Drive Junior High students will be taking part in the MATE ROV Competition May 3-5, at the Marine Institute, under the direction of Mr. Thorne and Mr. Smith.

(<http://newfoundlandlabrador.marinetech2.org/>) Stay tuned for the call for interested students!



Spelling Bee Winners!

Talk about intense! Talk about being on the edge of your seat! Talk about being on tenderhooks! GAH! I spelled that wrong! It is spelled tenterhooks... SHEESH! :-)

Massive congratulations go out to our spelling bee champions... Our winner was Alex Butt (right) from 7-4, and our runner up was Vincent Burton (left) from 8-5!



Our winners will go on to compete in the Telegram Regional Spelling Bee which will be held at 2pm, February 24th, 2018, at Holy Heart Theatre. All are welcome. The winner of that competition will move on to the Scripps National Spelling Bee in Washington, DC. Vincent was the regional winner last year! I'm sure both of these fine young people will do our school proud!

Term 2 begins February 5, 2018

All outstanding work **MUST** be passed in before the end of TERM 1 to receive credit. If the work is not passed in, the placemark of "0" will remain. In the meantime, please take time to sign onto PowerSchool and check the progress of the child in your household to ensure that all outstanding work is passed in. If you are having difficulty with PowerSchool, please contact the office. macdonalddrivejrhigh@nlesd.ca or 709-753-8240.



ALL-STAR STUDENTS!

Regan Scott, Georgia Scott, and Katie Warford, out of the Prince of Wales Skating Club, recently participated with their team, Synergy, in the Novice category at The Atlantic Synchronized Skating Championship in Liverpool, NS. Their team captured first place, setting a new Provincial and Atlantic Canadian record for points in the Novice category. Their team will now represent Atlantic Canada at the Skate Canada Synchronized Skating Championships in Oshawa, Ontario, February 23-25.



The Grade 7 boys won gold in their tier at the Burger King Classic hosted by MUN Seahawks this past weekend. They had to compete against grade 8s. The coaching staff was very proud of their accomplishment!

Please note:

If there is a DELAYED Opening, please be reminded that there will NOT be any Cafeteria Service.



Student Council News



Teacher and Staff Appreciation Week is February 12-15th. We would like to ask our school community to show appreciation for the staff of MDJH by providing treats at recess and lunch. As in past years, we would like to have grade levels provide treats on different days:

Monday, February 12- Grade 7

Tuesday, February 13- Grade 8


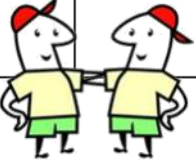



Wednesday, February 14- Grade 9.

If you are able to send along a treat, please email colettequann@nlesd.ca or jodisauve@nlesd.ca. All treats must be peanut free.

Spirit Week February 26th-March 2

Students are encouraged to participate by dressing up for our various theme days. There will be lunchtime activities offered in the gym. There will also be a **school dance** held on Thursday, March 1, from 7-9:30.



THEME	Monday 26	Tuesday 27/	Wednesday 28/	Thursday 1/	Friday 2/
	 RAINBOW DAY (Rainbow, celebrate cultural differences, etc.) 	TWIN DAY <i>(Twins, triplets, quadruplets, etc.)</i>	PINK DAY (Anti-bullying Day- this years focus on cyberbullying) 	 DRESS TO IMPRESS DAY (formal wear day)	Jersey Day 

WE Walk for Water



MDJH is a WE School and we participate in several local and global campaigns each year in efforts to support our community and the world. Our global focus is education in Ecuador and this year we will participate in the campaign "WE Walk for Water". This is a school-wide water walk which will take place on Friday, April 27. We are asking for a donation of a toonie on that day in order to raise money for this cause.

Thank you for your support!

Canadian Student Leadership Conference

The next national student leadership conference will be September 25th to September 30th, 2018, in Edmonton, Alberta. The theme is Leadership Through the Looking Glass. The conference theme will flow through the keynote speeches, leadership workshops, volunteer opportunities and cultural experiences of the conference. Any current grade 8 student interested in attending this conference next year should see Ms. Quann. Parents can email colettequann@nlesd.ca if you want to have your child attend this conference. You can also visit the website <http://cslc2018.studentleadership.ca/> for more details. Registration opens in March. All students who have expressed an interest will be registered, but may be put on a waitlist until registration ends and the number of student delegates for each province is allotted.



Yearbooks

There are several 2016-2017 yearbooks available for purchase. The cost is \$20. Please contact colettequann@nlesd.ca if you would like to purchase a yearbook from last year. You can also preorder next year's yearbook. Forms are available at the office and from Ms. Quann.



Chartwell's

The Zipthru Dine Smart card is a fast and convenient way to purchase food at the school cafeteria.

Yearbook Pictures

Thank you to everyone who has submitted pictures for the yearbook. Please send any team pictures to colettequann@nlesd.ca. If sending from a cell phone, please select "actual size" to ensure the quality is good for uploading to the yearbook.



Celebrating Student's Successes



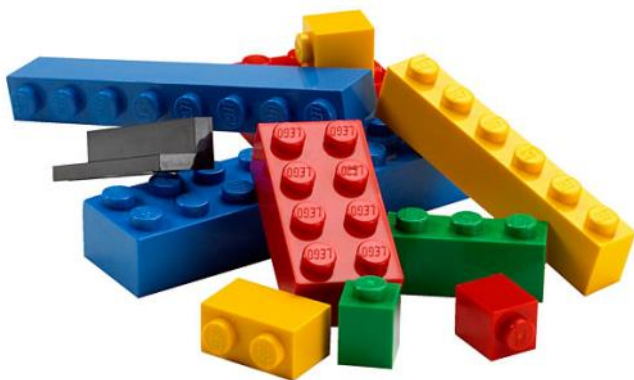
We want to acknowledge and celebrate the accomplishments of the students of MDJH. We have a wall of celebration where we will place a certificate of acknowledgement highlighting participation and success in a variety of activities. We want to know if your child has participated in any plays, musicals or has been on a team that has won some title or has been recognized in any individual competition. We **need your help** with this. Please let us know so we can proudly display this on our wall. Please email colettequann@nlesd.ca with Celebrate **YOUR CHILD'S NAME** in the subject line.

Photography Club

Photography club meets every second Wednesday from 3-4:30. Each month there is a photo contest. Club members are reminded to please submit their photos to twragg@hotmail.com



Donations for MDE



Ready for some SPRING ... cleaning? Tired of stepping on LEGOs in your bare feet? Got a pile of unloved toys at home that your kids have outgrown and are ready for a new home? (The toys, not the kids, sorry.) Macdonald Drive Elementary is looking for donations of used LEGO, blocks, dinkies, board games, etc. Any parents who wish to donate can just drop the items off at the Macdonald Drive Elementary Main Office. If you have any questions, please contact the Elementary School at 709-753-6020.

Math Help

After School Tutorials/Homework Help - The Math Department is proud to offer afternoon tutorials to the students of MDJH. The tutorials take place on Monday afternoons from 2:30 to 3:30, in the LRC and are open to students from grades seven, eight and nine.



Lunchtime Tutorials/Quiet Study - The Mathematics Department also offers a lunchtime tutorial/quiet study session. The Lunchtime sessions will be offered every Day 7, from 11:48 to 12:10, in room 223. All students are welcome and encouraged to attend.

Please Note: Additional tutorial/study times may be added by individual teachers as the need arises. These additional tutorial times will be communicated to parents via the homework web page.

Stay tuned for additional announcements with respect to tutoring sessions at MDJH.

Our next School Council Meeting will be held on February 5, at 6:30, in the Conference Room. Our next meeting will be announced! If you would like to attend or add anything to agenda, please contact Chair Susan Ledrew, at smledrew@gmail.com



Valentine Arrow Pancake Fruit Kabobs

Ingredients:

- pancakes
- strawberries, blueberries, oranges
- skewers

Instructions:

Use a heart-shaped cookie cutter and cut pancakes into hearts, skewer blueberries, strawberries and oranges.

Recipe adapted from: <https://za.pinterest.com/pin/219550550565150178/>

Fibre and Your Heart

Show your heart a little love this Valentine's Day! One way to take care of your heart is to enjoy a diet high in fibre. Fibre plays an essential role in maintaining low blood cholesterol and a healthy body weight, both of which are important to a healthy heart. Whole grains, fruits and vegetables are great sources of fibre and they provide vitamins, minerals and other nutrients. When you select your grains, try to choose whole grains such as whole grain breads, oatmeal and whole wheat pasta. Enjoy a variety of colourful fruits and vegetables and choose at least one dark green and one orange vegetable per day. Daily consumption of recommended fibre will help keep your heart healthy as well as improve your overall health and well-being.



Opportunities for Girls!



EXPLORE AVIATION SUMMER CAMP

Grade 9 Girls – Free Aviation Camp

Are you a girl who has what it takes to leave ordinary behind? If you do, then NAV CANADA's Explore Aviation Summer Camp is made for you!

This summer, 20 girls entering Grade 10 from across Canada will gather in Cornwall, Ontario. Their mission: one week of learning, fun and

friendship with a focus on aviation. This all-expenses-paid camp uses hands-on learning to give you the chance to explore exciting careers that will empower you to soar to success after graduation!

Applications close March 9, 2018!

For more information: <http://www.navcanada.ca/EN/careers/Pages/Explore-Aviation-Summer-Camp.aspx>



Go CODE Girl

If you know a girl in grade 7-10 who is interested in computer, electrical, software, or other fields of engineering, I have great news! On February 24, 2018, Memorial Engineering Outreach will be hosting a Go CODE Girl event in conjunction with the Ontario Network of Women in Engineering.

This half-day event will be held at the Engineering Building on Memorial's campus and is free of charge, but registration is required. Spaces are limited, so registering early is recommended. Online registration will open at 9:30am on Friday, February 2.

You can find the registration link from our webpage

<http://www.mun.ca/engineering/community/outreach> under "Upcoming Events".

Previous coding experience is NOT required and all materials are provided. If you have questions, please contact Kathryn Hong, Coordinator for Outreach Activities, Faculty of Engineering and Applied Science, Memorial University, 709-864-3108, EN3011, khong@mun.ca



Congestion in Bus Lanes

As you enter the school parking lot, please ensure that you keep to the left lane if you are dropping your child off in front of the school. Also please make sure that our buses can enter our lot on the right.

Student Drop Off / Pick Up Student Entrance Procedures

- For student drop-off, stay in the left lane in a single line as you enter the school grounds.
- When you turn left in front of the building, proceed as far as possible to the right (closest to the cement divider) before dropping your children off. Please wait for the vehicles in front of you to drop off students before proceeding.
- Through traffic stays to the left in front of the student entrance.
- Busses will enter the school grounds in the right lane and proceed to the far right closest to the building.
- Note: Only staff and alternate transportation should travel in the right lane to proceed around the building.
- Ms. Pike and Ms. Hardy will be out each day, rain or shine, to help direct traffic.



For ALL the latest news please visit our web site @ <http://mdjh.info> OR download our APP— It's Free!

Be Safe online! Check out these resources....

<http://www.nlesd.ca/families/socialmediasafety.jsp>



Attendance Matters

If a child in your household misses school, please contact the homeroom teacher and/or use the MDJH App and send a note.

Absent / Late

Please send an email or note to your child's Homeroom Teacher if your child is going to be absent or late. All students who come late are to check in at the office.

CHECK OUT ALL Policies <https://www.nlesd.ca/about/policies.jsp>

- **DRAFT—Assessment & Evaluation Policy, Attendance Policy, Use of Instructional Time**
- **NEW Regulations for Honours, Honours with Distinction, update available mdjh.info**



Allergy Alert

We have students/staff with life-threatening allergies. Products containing the following **will not** be permitted in the building:

Latex, Fish, Nuts, Shellfish, Peanuts

***Please send all updated allergy sheets to homeroom teachers.**

REMINDER:

In keeping with our Safe and Caring Schools Policy...

ALL visitors MUST check in at the office!

We're on the web!
<http://mdjh.info>