

Adopt-a-Senior Project - In Aid of St. Patrick's Mercy Home
November/December 2025 - MDJH
Wishlist of Items Requested

Food Items:

Gum	Any Kind
Chocolate	No Nuts (plain chocolate); avoid Christmas chocolate if possible - treats are distributed all year
Candy	Soft Only (Werther's preferred; no gummy candy)
Soft Drinks	Ginger-ale / Diet Pepsi / 7-Up Mini or regular cans

Toiletry Items:

Body Wash	Low scent or unscented (NO BAR SOAP)
Body Lotion	Low scent or unscented
Baby Powder	Any
2-in-1 Shampoo & Conditioner	No individual shampoo & conditioner
Dry Hair Shampoo	Any
Hairspray	Any
Deodorant	Stick style only (Men & Women)
Tissues	Boxed
Nail Polish / Polish Remover / Nail Files	Neutral colours or pink polish

Clothing Items:

Night Gowns / Night Shirts	Womens (M-XXL)
Pajama Pants	Mens (M-XXL)
Undershirts	Mens (M-XXL) - Plain t-shirt style - white or black

Other:

Stuffed Toys (NEW)	Plush dogs or cats
Gift Cards	Dollarama OR Tim Hortons (for outings)